**CURRICULUM VITAE**

**SARAH B. SHEVCHUK, PSY.D.**

***EDUCATION***

**Georgia School of Professional Psychology**

Atlanta, GA

Psy.D. in Clinical Psychology, 2011

M.A. in Clinical Psychology, 2007

**Youngstown State University**

Youngstown, OH

No degree pursued, 2002-2004

Master’s level neuroscience training, research, and teaching

**University of Mount Union (formerly Mount Union College)**

Alliance, OH

B.S. in Biology and Psychology, 2002

***PROFESSIONAL EXPERIENCE***

**Inpatient Clinical Coordinator**

**11/2015-present**

VA Hudson Valley Healthcare System/Montrose Campus

Montrose, NY

Duties include: Primary responsibilities include provision of leadership role in designing and implementing psychosocial programming in the acute care unit. Comply with national and local performance measures, including timely screening and documentation requirements, and participate in various committees and departmental meetings. Working with multidisciplinary staff who work within acute and long-term psychiatry, including psychologists, social workers, nurses, art and other recreation therapists, and health technicians. Other responsibilities include provision of direct clinical care as needed (including psychological evaluation, psychodiagnostic evaluation, psychotherapy, risk assessment, family education, and behavioral treatment planning), and training at all levels (e.g., psychology and rehabilitation counseling practicum students and interns, post-doctoral fellows, and psychiatry residents).

**Presenter**

**07/14-present**

TZKSeminars

Web-based

Duties include: Teach continuing education seminar in live webinar format. Title of presentation, “The Biology of Reward and Deficiency.”

**Inpatient Psychological Evaluation Coordinator**

**11/2013-10/2015**

New York State Office of Mental Health-Rockland Psychiatric Center

Orangeburg, NY

Duties included: Provision of professional psychological services that included individual and group therapies, crisis consultation and intervention, training and supervision, peer review, psychological/neuropsychological assessment, and patient care planning. In addition, unit-based work focused on complex trauma and women’s issues, as well treatment and monitoring of chronic suicidal and non-suicidal self-injurious behaviors. Additional services provided to psychiatric intensive nursing unit, dealing with health-psychology and geriatric psychology-related issues. Within this setting services required participation in daily multidisciplinary team and emphasis on patient-centered, recovery-oriented care.

**Residential Crisis Treatment Program Coordinator**

**09/2012-11/2013**

New York State Office of Mental Health-Bedford Hills Correctional Facility

Bedford Hills, NY

Duties included: Provision of professional psychological services, including individual and group therapies, crisis intervention, consultation, training, peer review, and psychological/neuropsychological assessment. Additionally, conducted psychological autopsies, risk assessment, program management/development and supervision as needed. Provided psychological assessment training for psychology staff as part of professional development.

**Post-doctoral Resident**

**09/2011-08/2012**

Louis Stokes Cleveland Department of Veterans’ Affairs Medical Center

Cleveland, OH

\*Accredited by the American Psychological Association (APA)

\*Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

\*Specialty in Psychosocial Rehabilitation of the Seriously Mentally Ill (SMI)

Duties/Sites of Training included: Psychosocial skills training, including assessment of needs and preferences, rehabilitation planning, psychosocial intervention, and evaluation of outcomes across a continuum of care. Competency gained in cognitive-behavioral psychotherapy interventions for persons with severe mental illness. Competency gained in differential diagnosis of psychotic spectrum conditions utilizing traditional psychological assessment techniques. Demonstrated understanding and skills in individual and/or group cognitive-behavioral interventions for persons with SMI, including knowledge related to selection and effective implementation of specific interventions, and monitoring of progress and outcomes. Demonstrated competence in rehabilitative skills training for persons with SMI (e.g. illness management and recovery, communication and social skills, relapse prevention and planning, stress management, cognitive re-training, etc.), including incorporation of assessed needs and preferences, effective implementation, and monitoring of progress and outcomes. Advanced SMI assessment completed that included demonstration of competence in risk assessment and assessment of psychotic symptoms and related expressions of SMI, including utilization of holistic biopsychosocial and differential diagnostic psychological assessment techniques. In addition, collaborated and consulted with other disciplines, service recipients, advocates, families and agencies, as well as demonstrated a flexible and comprehensive view of treatment, rehabilitation, and mental health recovery. Advanced functional competencies acquired, which included consultative-level knowledge and skills of basic psychopharmacology and psychopharmacotherapy for SMI, as well as skill in family psychoeducation and/or behavioral family therapy. Interface experience with nationally recognized consumer advocate psychologist Dr. Frederick Frese.

Specific sites of training included: *Inpatient Psychiatry*: Used screening assessments and psychological evaluation of hospitalized Veterans, differential diagnosis of psychotic spectrum conditions, interdisciplinary team participation, acute psychological interventions and capacity evaluations. *Consultation/Liaison*: Mental health consultation to medical units for hospitalized Veterans presenting with emergent psychiatric issues. This included bedside assessment and professional communication. *Day Hospital*: Four-week intensive partial hospitalization program for Veterans with serious mental illness. Provided initial psychological assessments, full psychological evaluations including use of MMPI-2/2-RF and Rorschach, as well as other measures, cognitive-behavioral and skills-based group intervention, rehabilitation planning, and outreach with community resources. Provided supervised umbrella supervision of pre-doctoral interns. *Program for Recovery Skills and Recovery Resource Center*: Provided psychological services in an intensive residential program for persons with serious mental illness, including illness management and recovery skills training, with integrated dual disorders treatment. Worked within the Psychosocial Rehabilitation and Recovery Center (PRRC) providing community integration. *Psychological Training/Supervision:* Participated in year-long trainings that included: colloquium, staff education/presentations, umbrella training supervision, group consultation, and provided a grand rounds presentation.

**Pre-doctoral Intern**

**08/2010-09/2011**

Springfield Hospital Center

\*Accredited by the American Psychological Association

Sykesville, MD

Duties/Sites of Training included: Intensive and extensive professional clinical competency training in individual and group therapy, psychological assessment, intake assessments, consultation to treatment teams, crisis response and risk management. In addition, outplacement opportunity was provided, as well as scholarly and evidenced-based practices for persons with serious mental illness and many with forensic-related issues. *Assessment Module*: Participated in year-long module where selected test batteries were used to address a variety of referrals, including differential diagnosis, treatment planning, as well as discharge recommendations. *Group Therapy*: Co-led process oriented and psychoeducational therapy groups. Groups included, but were not limited to, restoration of competency and understanding conditional release. In addition, group therapy was conducted on a chronic psychogeriatric unit for patients with serious mental illness. *Psychodiagnostics*: Conducted clinical interviews and administered assessment tools at the time of a patient's admission and diagnosed patients using DSM-IV-TR criteria, reviewed available records, and conducted collateral interviews when applicable. *Consultation with Treatment Team*: Participated in multidisciplinary treatment team discussions and communicated understanding of the patients from a psychological perspective. Worked with treatment teams to conduct treatment planning with patients individually and assisted with discharge planning. Consultation with the team also included assessment referrals and communicating conclusions and recommendations to patient, team and other interested parties following the administration, scoring and report writing for individual testing cases. *Didactic Training/Seminars:* Participated in weekly group therapy and assessment seminars. In addition, attended and actively participated in a plethora of didactic training including, but not limited to, mental health aspects of HIV, ethics, diversity conceptualization, and forensic psychological practice within a state hospital setting. *Outplacement:* Provided individual therapy services one day per week at Chase Brexton Health Services (CBHS) in downtown Baltimore, MD. The setting emphasized treatment of clients with HIV/AIDS, as well as the gay, lesbian, bisexual, and transgendered community in the greater Baltimore area. This setting participated held weekly case conferences where each staff member presented individual cases to psychology and psychiatry staff on regular basis.

**Fidelity Rater**

**06/2009-01/2010**

Atlanta VA Medical Center

Atlanta, GA

Duties included: Fidelity rater for Group Based Exposure Therapy (GBET). This included watching video recordings of GBET sessions and using approved rating form, rated the therapists on several areas related to the delivery of manualized trauma treatment.

**Psychometrist**

**06/2009-04/2010**

Learning by Design

Marietta, GA

Duties included: Neuropsychological assessments with children, adolescents, and adults. More specific duties included test administration, scoring, and report writing. Assessments also completed on site referred by Disability Adjudication Services.

**Psychometrist**

**06-2009-04/2010**

Joanne Max, Ph.D., LLC

Marietta, GA

Duties included: Neuropsychological assessments with children, adolescents, and adults. General referrals pertained to Attention Deficit/Hyperactivity Disorder, brain injury, prolonged substance abuse, and dementia/cognitive dysfunction.

**Psychometrist**

**01/2006-08/2009**

Littlejohn Consulting and Psychological Services

Atlanta, GA

Duties included: Psychological assessment, scoring, and report writing for DeKalb County Department of Child and Family Services. Position required test administration, scoring, and report writing.

***FORMAL PRACTICA (PRE-DOCTORAL) EXPERIENCE***

**Advanced Practicum**

**07/2009-04/2010**

Parkaire Consultants, Inc.

Marietta, GA

Emphasis Area: Individual therapy and psychological assessment

Duties included: Provision of individual outpatient psychotherapy to young adult population in private practice setting. Conducted neuropsychological assessments for children, adolescents, and adults.

**Therapy Practicum**

**08/2007-06/2008**

Atlanta VA Medical Center

Atlanta, GA

Emphasis Area: Individual and group therapy

Duties included: Provision of individual and group outpatient psychotherapy to adult Veteran population with war-related Posttraumatic Stress Disorder. Worked as part of interdisciplinary team and provided services for Veterans from World War II, Korea, Vietnam, Operation Enduring Freedom, and Operation Iraqi Freedom. Conducted intake evaluations, therapy, and treatment planning.

**Diagnostic Practicum**

**08/2006-08/2007**

Kaiser Permanente

Kennesaw, GA

Emphasis Area: General and neuropsychological testing

Duties included: Conduction of general and neuropsychological testing with general referrals related to dementia, pervasive developmental disorders, and serious mental illness.

**Master’s Practicum**

**09/2005-06/2007**

DeKalb Medical Center

Decatur, GA

Emphasis Area: Individual and group therapy, crisis intervention

Duties included: Provision of individual and group therapy in both inpatient and outpatient settings. Provided intensive services for individuals with addictions. Conducted emergency room consult-liaison services.

***PROFESSIONAL PRESENTATIONS***

Shevchuk, S.B. (March 2015). Understanding and preventing suicide. Presented at mental health

therapy aid training, Rockland Psychiatric Center.

Shevchuk, S.B. (August 2012). Depression and suicide. Presented at psychiatry grand rounds at

the Louis Stokes Cleveland Department of Veterans’ Affairs Medical Center, in conjunction with Case Western Reserve University Department of Psychological Science.

Shevchuk, S.B. (July 2011). The reward-deficiency syndrome. Presented at grand rounds

Springfield Hospital Center.

Wilson, S.B. (April 2004). Effects of tachykinin peptide analogs on substance P receptors in

bullfrog neurons. Presented at Quest: A forum for student scholarship at Youngstown State University.

Wilson, S.B. (April 2001). Temporal and spatial changes of blood-born immune cells following

traumatic brain injury in rats. Presented at the National Conference for the Behavioral Sciences hosted at Mount Union College.

***RESEARCH EXPERIENCE***

**Post-Doctoral Scholarly Work/Research**

**11/2011-08/2012**

*Louis Stokes Cleveland Department of Veterans Affairs Medical Center*

Project Title: “Perceived Burden on Others: Understanding Suicidal Tendencies in

Depressed Psychiatric Patients”

**Clinical Research Project/Dissertation**

**09/2008-06/2010**

*Georgia School of Professional Psychology*

Proposal defense: Accepted September 19, 2009

Project title: “Trauma-Related Cognitions in Veterans with PTSD: A Look at the PCL,

BDI-II and PTCI Following Group Based Exposure Therapy”

Successful defense: Accepted June 21, 2010

**Pre-Doctoral Research Associate**

**12/2008-01/2010**

*Atlanta VA Medical Center*

Description: Work within research department entering raw data following trauma

treatment. Utilized SPSS statistics package to assess efficacy of treatment modality and

monitor symptoms in subjects with combat-related PTSD at pre-, post-treatment and 6-month follow-up.

**Research Assistant**

**08/2002-08/2004**

*Youngstown State University, Department of Biological Sciences*

Description: Conducted neuroscience/electrophysiological research in conjunction with

the Northeastern Ohio Universities College of Medicine related to the understanding the

mechanisms by which neurotransmitters act to modulate ion channel activity and alter neuronal firing behavior.

**Undergraduate Research Thesis**

**09/2000-05/2002**

*Mount Union College, Department of Psychology*

Description: Psychology/Neuroscience: Conducted research involving traumatic brain injury in rats and the tracking of immune cells. Research conducted and formally written as a requirement for earned degree.

**Undergraduate Research Thesis**

**09/2001-05/2002**

*Mount Union College, Department of Biology*

Description: Biology/Immunology: Tested the efficacy of Interferon-gamma for

treatment of lung disease. Research conducted and formally written as a requirement for

earned degree.

***ACADEMIC/TEACHING EXPERIENCE***

**Presenter, TZKseminars 07/2014-present**

Online Continuing Education Company

**Teaching Assistant, Department of Biological Sciences 08/2002-08/2004**

Youngstown State University

**Graduate Assistantship 2002-2004**

Youngstown State University

**Teaching Assistantship 2002-2004**

Youngstown State University

**Nominee, Quest: A Forum for Student Scholarship 2004**

Youngstown State University

**Recipient, Runner-Up: National Conference for the Behavioral Sciences 2001**

**National Merit Scholar 1998-2002**

University of Mount Union

***ADDITIONAL PROFESSIONAL TRAININGS***

DSM-V Training

HCR-20 Training

Program Development/Accreditation Committee

Bellack’s Social Skills Training for Schizophrenia

Motivational Interviewing

Prolonged Exposure and Cognitive Processing Therapies Trainings

***\*References available upon request***